

# Birdy Bytes

## Newsletter for the High Desert Bird Club of New Mexico



Volume 18, Issue 2

February 2025

### Upcoming Events

**February 16<sup>th</sup> – General Meeting**  
**Birdie Hormones Discussion**  
**Sunday, 3:00 PM – 5:00 PM**  
**Location: Parrot Pantry**  
2325 San Pedro Drive NE, Ste 11  
Albuquerque, NM 87110

**March 1<sup>st</sup> – Community Outreach**  
Rio Rancho Garden Expo  
**Saturday, 10:00 AM – 1:00 PM**  
**Location: Rio Rancho Main Library**  
755 Loma Colorado Blvd NE  
Rio Rancho, NM 87124

**March – General Meeting**  
**Date and Topic TBD**  
**Sunday, 3:00 PM – 5:00 PM**  
Parrot Pantry, Albuquerque, NM

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### Words From the Prez

Happy February!

We made it through the holidays and now preparing for Spring. In about 36 days, we will officially be in Spring, even if the weather still says Winter. I am sure we are all starting to suffer from allergies and moody birdies.

To help your feathered friends, start to change things in their homes, new enrichment, perches and add a few things to their diets. We like to try things they really didn't enjoy last year, just to give it another chance. Who knows they may like it this year. Small changes in their cages will keep them distracted and hopefully use some of those extra toys.

Don't forget your female birds, add calcium rich foods to their diets. Your male birds need more love too, but less pets on their wings and tails.

Molting is in full swing too that means more showers and helping with their feathers. Remember not to over stimulate your FIDS, right now less is more.

Don't forget self-care for you too; take your vitamins, allergy relief, soft Kleenex and ear plugs. We will get through this Spring together.

We hope to see you at our community events and at our monthly meetings! Sharing your stories and your birdies!

Thank you for joining us.

**Dorothy Newbill**



**Dorothy and Maya**

## Bird Club Biz

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High Desert Bird Club of NM  
[www.HighDesertBirdClub.org](http://www.HighDesertBirdClub.org)

**Bird Rescue Hotline: (505) 554-0804**

### General Meetings

**Monthly, Usually on a Sunday**

Meeting time: 3:00 PM – 5:00 PM

### Location:

**Birds of a Feather Parrot Pantry**  
2325 San Pedro Drive NE, Ste 11  
Albuquerque, NM 87110

### Club Officers

President: Dorothy Newbill  
Vice President: Susan Carolus  
Secretary: Sparky Newell  
Treasurer: Carolyn Newell

### Committee Chairpersons

Social Media/Publicity: Victoria Collier  
Bird Rescue: Jennifer Catron  
Education: Dorothy Newbill  
Fundraising: Available  
Hospitality: Available  
Membership: Available  
Newsletter: Jennifer Catron  
Raffle: Available  
Website: Jennifer Catron

### Treasurer's Report

Beginning balance (stmt 12/31/24) **\$1,216.26**

#### Revenue

Membership \$65.00

Expenses \$0.00

Ending balance (stmt 1/31/25) **\$1,281.26**

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**The High Desert Bird Club of NM is a  
501(c)(3) educational, public charity  
recognized by the IRS.**

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### Membership Requirements

Any person interested in cage birds who agrees to support the objectives in the HDBC By-Laws is eligible for membership.

### Membership Dues

\$20.00 Individual  
\$30.00 Household  
\$15.00 Junior (17 or younger)  
\$15.00 Senior (60 or older)  
\$25.00 Senior Household

Dues are payable in January of each year or at a quarterly pro-rated amount upon joining the Club.

### Newsletter Policy

*Birdy Bytes* is generally issued on a monthly basis. Content from members is encouraged. Content deemed obscene, inflammatory, overtly personal, copyrighted without permission to republish, or insufficiently bird-related may not be published at the discretion of the newsletter Editor.

### Newsletter Advertising Policy

Any individual or business that supports HDBC through the donation of money, goods, or services may have a near business-card sized ad published in the newsletter for three months for no cost.

Members may have a text ad of up to 50 words and a reasonable number of supporting photos for no cost. Ads run for two months and may be renewed for two-month increments. Members are responsible for contacting the newsletter Editor to renew their ad.

Advertising space may be purchased. A half-page ad costs \$25 for six months. Additional ad sizes and corresponding rates are available.

Newsletter Editor reserves the right to accept or reject any advertisement based on the appropriateness for *Birdy Bytes*.

To submit content for *Birdy Bytes*, contact Jennifer Catron, Editor, at [jrcatron@aol.com](mailto:jrcatron@aol.com), or (505) 235-2803.

Thank you.



## General Meeting

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**February 16, 2025**

### Birdie Hormones Discussion

Feisty, cranky, nesty, bitey. Does this describe your parrot more than usual? While a parrot can be hormonal any time of year, these behaviors can tend to be seasonal.

For our southern hemisphere birds, Summer is in full swing. For our northern hemisphere birds, Spring is on the near horizon. Either way, it can affect our bird's behavior.

Join us for a timely discussion about birdie hormone season, what we can do to help our birds, and what we can do to help us cope.

Members, guests, and birds are always welcome. Tell a friend.

**Date: Sunday, February 16, 2025**

**Time: 3:00 PM – 5:00 PM**

**Location: Parrot Pantry**  
2325 San Pedro Dr. NE,  
Suite 11  
Albuquerque, NM 87110

## Meeting Minutes

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Meeting called to order at 3PM. All officers were present as well as members and guests.

Expenditures proposed and approved:

- New cell phone; current phone is no longer holding a charge. Amount approved up to \$100.
- New business cards; Update and replenish club's supply. Amount approved \$25 plus shipping cost.
- Banner; "Please Don't Feed Your Fingers to Our Parrots" for community outreach events. Amount approved \$25 plus shipping.

Jennifer Catron will follow up with the purchases.

Membership renewals were collected.

Upcoming event: Community outreach at Rio Rancho library. Annual Garden Expo on March 1, 2025.

A bird toy workshop was the meeting activity.

## HDBC Hotline

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We received a call from a home-schooler. She wanted to know if we offered a tour or presentation about our birds.



She had already reached out to Birds of a Feather Parrot Rescue and left a voice-mail message.

She was really interested in a field trip to see owls. Referred to wild bird rescues either Wildlife Refuge of New Mexico or Mikal Deese of On a Wing and a Prayer. Both do educational presentation and tours.

## Membership Support

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HDBC depends on your support. One of the easiest ways to show your support is to renew or become a member. Membership dues helps HDBC fulfill Club charter objectives to educate members and the general public in the best care, keeping, maintenance, and breeding of caged birds.

Membership benefits include:

- Subscription to the Club newsletter *Birdy Bytes*.
- Fellowship with others interested in companion birds.
- Opportunities to represent HDBC at community outreach events.

Membership dues begin each calendar year and are prorated on a quarterly basis. Membership classification and annual dues rates at listed under the Bird Club Biz section of each newsletter. Information about membership is also contained in our Club Constitution and By Laws posted on our website: [www.HighDesertBirdClub.org](http://www.HighDesertBirdClub.org).

For everyone who has joined HDBC or renewed their membership, thank you! If you're not a member, join today and support a good cause. We're all about the birds.

## Hospitality Table



Do you like snacks? Do you like to share? HDBC invites you to share some snacks at each monthly meeting. Everyone is encouraged to bring snacks when they can. We're

very informal about who brings what and when. Donations are always welcome.

Thank you for your contribution and support.

## Community Outreach

HDBC, Birds of a Feather Parrot Rescue of NM, Exotics of the Rainforest, and Jerry Tuttle's Zoo Crew are invited to participate in a **Garden Expo** hosted by the City of Rio Rancho.

We participated in this event last year and it was great fun. We'll have tables with our information and some birdie ambassadors to answer questions people may have about the bird club, parrot rescue, or pet birds in general.

**Date: Saturday, March 1, 2025**

**Time: 10:00 AM – 1:00 PM**

**Location: Main Library Loma Colorado**

755 Loma Colorado Blvd NE  
Rio Rancho, NM 87124

Last year's Garden Expo drew over 300 community members. People were waiting in line to see our birds. They like us. They really, really like us...

If you'd like to volunteer for the Garden Expo event, please reach out to Jennifer Catron ([jrcatron@aol.com](mailto:jrcatron@aol.com)). Thank you.

## Facebook Fun



**Happy Valentine's Day**



When you hear a noise outside and scream to warn your owners but they tell you to stop screaming





## Bird Rescue, Foster, and Adoption



A variety of birds are available for adoption at Birds of a Feather Parrot Rescue of New Mexico (BFPR). HDBC is partnering with BFPR to help

with receiving, fostering and rehoming pet birds.

Quite a few new birds came into the rescue during the holidays and continue to be received. All kinds of parrots from little budgies to macaws are looking for new, kind and loving homes.

If you are interested in adopting, fostering, or volunteering, please complete an application posted on their website at:

<https://www.birdsofafeathernm.org/>

You can also follow them on their Facebook page at:

<https://www.facebook.com/birdsofafeathernm/> for current events and activities at the rescue.



**Many budgies are available for adoption.**

## Parrot Pantry

Parrot Pantry is the place to go for all your parrot supplies.



A wide variety of parrot food, toys, perches, stands, cages, and accessories are available for sale.

No birds are sold at the Parrot Pantry.



Parrot Pantry is part of Birds of a Feather Parrot Rescue of New Mexico. The current bird surrender and adoption process will continue under the rescue.

Check out Parrot Pantry with new Sunday hours.

### Store Hours:

**Tuesday – Saturday 10AM – 6PM**  
**Closed Sunday and Monday**

### Location:

**2325 San Pedro Drive NE, Ste 11**  
**Albuquerque, NM 87110**  
**(505) 584-1803 (Store Phone)**

If you are not already following, check out the Facebook pages for Birds of the Feather Parrot Rescue and Parrot Pantry. Follow these pages for the latest information for both the rescue and store.

[Facebook - Birds of a Feather Parrot Rescue of NM](#)

[Facebook - Birds Of A Feather "Parrot Talk"](#)

[Facebook - BOAF Parrot Pantry](#)

## Next Bird Toy Sale

Mark your calendars for the **next** bird toy sale with Creations by JT Bird Toys. Tina always brings a wonderful selection of bird toys, perches and swings for our bird friends.

All the toys and perches are high quality, locally sourced, and made in the USA. Prices are affordable, and she always has something new to keep our birds engaged.

**Date:** April 12, 2025  
**Location:** Inez Park  
Albuquerque, NM

More details will be published as we get closer to the next sale date.

In the meantime, Parrot Pantry also carries a nice selection of Creations by JT Bird Toys.

## Classified Ads

### Pet Sitting

Sparky and Carolyn Newell, Officers of High Desert Bird Club of NM, and owners of Exotics of the Rainforest, LLC, will pet sit for one bird in our home while you are away for business or pleasure. Forty-three years of experience caring for parrots from Conures to Macaws! We have ten parrots of our own, five Macaws, three Amazons, and two Conures. Located in Albuquerque, NM. Reasonable rates. Call (505) 220-4737.



**Me: Stop jumping on the bed.**

**My Bird**


## Friends of HDBC



**SOUTHWEST**  
VETERINARY MEDICAL CENTER  
YOUR OTHER FAMILY DOCTOR

DANIEL LEVENSON, DVM

10141 COORS BLVD NW  
SUITE A  
ALBUQUERQUE, NM 87114  
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505-890-8797 FAX  
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*Carolyn Newell, C.A.S.*  
*Sparky Newell, C.A.S.*

**505.896.3133**  
Cell: 505.220.4737  
email: carolyn.macaws@gmail.com  
www.exoticsoftherainforest.com

**Birds of a Feather Parrot Rescue of New Mexico**

Dorothy Newbill  
Director  
505-980-6166

Birdsofafeathernm@gmail.com  
WWW.facebook.com/birdsofafeathernm



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