

# Birdy Bytes

## Newsletter for the High Desert Bird Club of New Mexico



Volume 17, Issue 10

October 2024

### Upcoming Events

**Oct 20<sup>th</sup> – General Meeting**  
**Chop Recipe Competition**  
**Sunday, 3:00 PM – 5:00 PM**  
**Location: Parrot Pantry**  
2325 San Pedro Drive NE, Ste 11  
Albuquerque, NM 87110

**Nov and Dec Combo 2024 – Date TBD**  
Potluck Dinner

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### Bird Words

Greetings Everyone,

For this month's meeting, we're having a chop recipe competition. Everyone is welcome to participate whether you are bringing some chop or a bird friend who likes to eat chop. See page 3 for more details.

October is also the time when we nominate HDBC officers for the next year. Like many birds clubs across the country, we've had members, once very active, move on to other endeavors. We need your help to continue as a bird club. Now is the time to get involved.

If you're not a member, it's never too late. Prorated membership for October-December is a mere \$5.00 for individuals. You also have the option to pay membership dues for 2025 now which will include the rest of 2024 for free.

If you're already a member, thank you and please consider becoming more active in the club. Several officer and committee chair positions are open and ready for your ideas and enthusiasm.

Our partnership with Birds of a Feather Parrot Rescue of NM offers new and additional pet bird owners a place to socialize and interact with other birds and bird people. Be a part of the fun because we really are for the birds.

**Jennifer Catron**



**Treat or I Chew the Sofa**

## Bird Club Biz

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High Desert Bird Club of NM  
2003 Southern Blvd. SE, #102-2  
Rio Rancho, NM 87124-3752  
[www.HighDesertBirdClub.org](http://www.HighDesertBirdClub.org)

**Bird Rescue Hotline: (505) 554-0804**

### General Meetings

**Monthly, Usually on a Sunday**

Meeting time: 3:00 PM – 5:00 PM

### Location:

**Birds of a Feather Parrot Pantry**  
2325 San Pedro Drive NE, Ste 11  
Albuquerque, NM 87110

### Club Officers

President: Victoria Collier  
Vice President: Sandi Brennan  
Secretary: Sparky Newell  
Treasurer: Carolyn Newell

### Committee Chairpersons

Social Media/Publicity: Victoria Collier  
AFA Delegate: Sandi Brennan  
Bird Rescue: Jennifer Catron  
Education: Dorothy Newbill  
Fundraising: Available  
Hospitality: Available  
Membership: Available  
Newsletter: Jennifer Catron  
Raffle: Available  
Website: Jennifer Catron

### Treasurer's Report

Beginning balance (stmt 8/31/24)	<b>\$1,358.26</b>
Revenue	\$0
Expenses	\$0
Ending balance (stmt 9/30/24)	<b>\$1,358.26</b>

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**The High Desert Bird Club of NM is a  
501(c)(3) educational, public charity  
recognized by the IRS.**

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### Membership Requirements

Any person interested in cage birds who agrees to support the objectives in the HDDB By-Laws is eligible for membership.

### Membership Dues

\$20.00 Individual  
\$30.00 Household  
\$15.00 Junior (17 or younger)  
\$15.00 Senior (60 or older)  
\$25.00 Senior Household

Dues are payable in January of each year or at a quarterly pro-rated amount upon joining the Club.

### Newsletter Policy

*Birdy Bytes* is generally issued on a monthly basis. Content from members is encouraged. Content deemed obscene, inflammatory, overtly personal, copyrighted without permission to republish, or insufficiently bird-related may not be published at the discretion of the newsletter Editor.

### Newsletter Advertising Policy

Any individual or business that supports HDDB through the donation of money, goods, or services may have a near business-card sized ad published in the newsletter for three months for no cost.

Members may have a text ad of up to 50 words and a reasonable number of supporting photos for no cost. Ads run for two months and may be renewed for two-month increments. Members are responsible for contacting the newsletter Editor to renew their ad.

Advertising space may be purchased. A half-page ad costs \$25 for six months. Additional ad sizes and corresponding rates are available.

Newsletter Editor reserves the right to accept or reject any advertisement based on the appropriateness for *Birdy Bytes*.

To submit content for *Birdy Bytes*, contact Jennifer Catron, Editor, at [jcatron@aol.com](mailto:jcatron@aol.com), or (505) 235-2803.

Thank you.



## General Meeting

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**October 20, 2024**

### Chop Recipe Competition

Do you make some special chop for your birds? Think your recipe can win over our panel of experts on parrot chop?

For our October meeting program, everyone is encouraged to bring in samples of their favorite recipe for parrot chop. Chop is a combination of veggies, grains, and/or fruit made for our parrots to encourage healthy eating.



Winners will be determined by a panel of experts. The panel of experts will be all the birds at the meeting willing to participate.

The most eaten parrot chop will decide the winners. First, second, and third places can pick a prize from the HDHC prize bin.

It's a lot of fun for our birds and people alike.

**Date: Sunday, October 20, 2024**

**Time: 3:00 PM – 5:00 PM**

**Location: Parrot Pantry**

2325 San Pedro Drive NE, Ste 11  
Albuquerque, NM 87110

## Meeting Minutes

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No club business was conducted.

## HDHC Hotline

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All calls received during late September and early October were regarding wild birds.



Callers were referred to wild bird rescues either Wildlife Refuge of New Mexico or Mikal Deese of On a Wing and a Prayer.

## Hospitality Table

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Do you like snacks? Do you like to share? HDHC invites you to share some snacks at our hospitality table at each monthly meeting.

Everyone is encouraged to bring snacks when they can. We're very informal

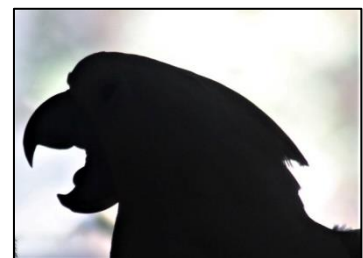
about who brings what and when. Donations are always welcome.

Thank you for your support.

## Seasonal Changes

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Daylight savings time is right around the corner on the first Sunday of November.



As we set our clocks back one hour, our birds also feel the change in season and weather.

This is a time of year when our birds require more sleep, especially cockatoos. Our bird friends with the fancy head feathers need about 10 hours of sleep each day. It really helps them adapt to the time change and may even quell some of their excess vocalization.

Doesn't everything seem nicer when you're well rested?

## PSAs

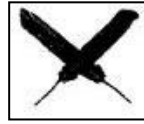
As we enter the holiday season, please do not use non-stick cookware. This includes roasters, fryers, oven bags and non-stick coated aluminum foil. All non-stick coatings are extremely toxic to our feathered friends.

Sharing is caring as long as onions, garlic and avocado are not part of the ingredients. These items are also toxic for our birds.

Sweet potatoes and baking pumpkins are healthy treats for our birds. Cooked sweet potatoes without sugar or butter are nutritious, as well as cooked or raw baking pumpkins which can double as a foraging toy.



## HDBC Elections



It's that time of year again to nominate and vote for HDBC officers for the next year. In October, nominations are collected and accepted. In November,

members vote for the candidate of his or her choice.

Something noted at the AFA Conference about bird clubs that is kind of sad. When the AFA was formed in 1973, over 300 bird clubs nationwide were affiliated with it. In 2023, only 40 bird clubs remain. Many bird clubs have simply disbanded and no longer exist.

Please consider running for an officer position or working as a committee chairperson. We're a good club with a noble cause. We should continue our mission to educate and promote good and proper care of caged birds.

As a club, we also offer education and community support for current and new bird owners that adopt through Birds of a Feather Parrot Rescue.

Serving as a club officer is both challenging and rewarding. It does require some time, but it is not all consuming. The more members we have participate in leading the club, the easier it is.

Responsibilities of club officers are listed in our bylaws. A copy of our bylaws is posted on our website and can be found using this link: <http://www.highdesertbirdclub.org/wp-content/uploads/2012/09/HDBC-Constitution-and-By-Laws-062608-Amend-110712.pdf>, under Article VI - Duties and Powers of Officers.



Food and Forage Fun



## Bird Rescue, Foster, and Adoption



A variety of birds are available for adoption at Birds of a Feather Parrot Rescue of New Mexico (BFPR). HDBC is partnering with BFPR to help with receiving, fostering and rehoming pet birds.

Every year, the adoption process is paused from November 11<sup>th</sup> through January 15<sup>th</sup>. This is to discourage the gifting of birds as Christmas or other holiday presents.

If an adoption is already in progress prior to November 11<sup>th</sup>, that adoption can continue to completion.

The rescue is at capacity and a waiting list for surrenders is in place for other than emergency situations.

After January 15<sup>th</sup>, the adoption process will resume. If you are interested in adopting, fostering, or volunteering, please complete an application posted on their website at: <https://www.birdsofafaethernm.org/>

You can also follow them on their Facebook page at: <https://www.facebook.com/birdsofafaethernm/> for current events and activities at the rescue.



## Parrot Pantry

Parrot Pantry is the place to go for all your parrot supplies.



A wide variety of parrot food, toys, perches, stands, cages, and accessories are available for sale.

No birds are sold at the Parrot Pantry.



Parrot Pantry is part of Birds of a Feather Parrot Rescue of New Mexico. The current bird surrender and adoption process will continue under the rescue.

Check out Parrot Pantry with new Sunday hours.

### Store Hours:

**Tuesday – Saturday 10AM – 6PM**  
**Sunday 11AM – 2PM**  
**Closed Monday**

### Location:

**2325 San Pedro Drive NE, Ste 11**  
**Albuquerque, NM 87110**  
**(505) 584-1803 (Store Phone)**

If you are not already following, check out the Facebook pages for Birds of the Feather Parrot Rescue and Parrot Pantry. Follow these pages for the latest information for both the rescue and store.

[Facebook - Birds of a Feather Parrot Rescue of NM](#)  
[Facebook - Birds Of A Feather "Parrot Talk"](#)  
[Facebook - BOAF Parrot Pantry](#)

## Next Bird Toy Sale

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Mark your calendars for the **next** bird toy sale with Creations by JT Bird Toys. Tina always brings a wonderful selection of bird toys, perches and swings for our bird friends.

All the toys and perches are high quality, locally sourced, and made in the USA. Prices are affordable, and she always has something new to keep our birds engaged.

**Date:** April 12, 2025  
**Location:** Inez Park  
Albuquerque, NM

More details will be published as we get closer to the next sale date.

In the meantime, Parrot Pantry also carries a nice selection of Creations by JT Bird Toys.

## Classified Ads

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### Pet Sitting

Sparky and Carolyn Newell, Officers of High Desert Bird Club of NM, and owners of Exotics of the Rainforest, LLC, will pet sit for one bird in our home while you are away for business or pleasure. Forty-three years of experience caring for parrots from Conures to Macaws! We have ten parrots of our own, five Macaws, three Amazons, and two Conures. Located in Albuquerque, NM. Reasonable rates. Call (505) 220-4737.

### Free Newspapers

Need some fresh, clean newspapers for your parrot homes? Many of the papers are unsold, Sunday editions of the Albuquerque Journal. All papers are clean and from non-smoking households.

To make arrangements for either a pickup or drop off of as many newspaper you would like, please contact Diane Saunderson via text at (505) 934-2565.

## Facebook Fun

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Instead of carving the jack-o-lantern myself this year, I poked a bunch of small holes in a pumpkin and stuffed the holes with peanut butter. I then let the squirrels go at it for two days. The result is something truly disturbingly.



**Always Check the Back Seat**





Sunlight, AAAAAAuughhhh

cant wait for the new Scream movie



## Friends of HDBC

**SOUTHWEST**  
VETERINARY MEDICAL CENTER  
YOUR OTHER FAMILY DOCTOR

DANIEL LEVENSON, DVM

10141 COORS BLVD NW  
SUITE A  
ALBUQUERQUE, NM 87114  
505-890-8810  
505-890-8797 FAX  
INFO@MYSOUTHWESTVET.COM

**EXOTICS**  
OF THE  
RAINFOREST

*Exotics of the Rainforest presents an informative visual presentation featuring live parrots & reptiles from the tropical rainforests and deserts of the world.*

Carolyn Newell, C.A.S.  
Sparky Newell, C.A.S.

505.896.3133  
Cell: 505.220.4737  
email  
carolyn.macarons@gmail.com  
www.exoticsoftherainforest.com

**Birds of a Feather Parrot  
Rescue of New Mexico**

Dorothy Newbill  
Director  
505-980-6166

Birdsofafeathernm@gmail.com  
WWW.facebook.com/birdsofafeathernm

**Creations By J.T.**

Handmade Toys,  
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Flat Perches,  
& More

Natural Products

Ask about our custom options

623-341-3375 CreationsJT@aol.com